



PAC Frozen Yogurt Treat Day

Friday, April 19th

Dear Cariboo Hill students and families,

Have a craving for an ice cream-like healthy nutritional treat? The PAC is pleased to once again present the **TCBY PAC Frozen Yogurt Treat Day**. With a more friendly pricing than Yogen Früz, US Franchise TCBY's frozen yogurts are also (per 5 oz serving):

- high in fiber ($\geq 3\text{g}$) and protein ($\geq 4\text{g}$); low in fat ($< 2\text{g}$)
- ≤ 120 calories (vs. 285 calories for ice cream)
- peanut free, egg free, lactose free, gluten free (except for Cookies & Cream)

For this event, we will be offering the following popular flavors (sealed, available in **3 oz, 6 oz, or 16 oz** family size) with exciting new additions:



Cookies & Cream



strawberry



Cotton Candy



Mango Sorbet
(dairy free)



Chocolate Chip
Mint

New



New

(in cup)

Try some of these amazing treats, order the 16 oz to enjoy with your family, and support the school's clubs, extracurricular activities, and student rewards at the same time!

Please pre-order through School Cash Online by **noon, Friday, April 12th** to **pay less (3 oz \$3.25, 6 oz \$4.75, 16 oz \$11)** and guarantee your favorite flavors.

On **Friday, April 19th**, please pick up the **3oz and 6oz during lunch** at the cafeteria and **16 oz after school till 3:30pm** at the school foyer. **Limited 3 oz (\$3.50) and 6 oz (\$5) are also available for sale during lunch at the cafeteria.** Cash, Debit and Credit Card are all accepted.

We would also appreciate volunteers to help oversee the pick-up and sale. If you are available to help, please email chsspacfundraising@gmail.com. Together let's make this event a great success and thank you all so much for your support!

Warm regards,

Cariboo Hill PAC