

Community Updates from Patricia Murevesi, Community School Coordinator

Happy New Year to you all! Below are some updates for this month:

1. Visit to Armstrong School:

- **Date:** January 16th
- **Time:** 2:00 PM - 3:00 PM
- I will be visiting Armstrong School to connect with families as they pick up their children. I will bring the *Community Resource Guide* and *Food Support Resource Guides*, which include information about local food banks and other community resources, to share with families.

2. Community Teatime with Parents:

- **Dates:**
 - January 16th and 27th (9:00 AM - 11:30 AM)
 - February 6th (1:00 PM - 2:30 PM)
 - February 19th (9:00 AM - 11:30 AM)
 - March 12th (1:00 PM - 2:30 PM)
 - April 8th and 23rd (9:00 AM - 11:30 AM)
 - May 6th, May 21st, June 4th, and June 17th (9:00 AM - 11:30 AM)
- **Location:** Second Street Community Room
- Join us for coffee, tea, snacks, and great conversations! These meetings provide an opportunity to discuss topics such as good parenting, communication with children, balancing work, home, and parenting as immigrants, and coping with life stresses in a new country. We also encourage attendees to bring ideas on how we can stay connected as a community. Guest speakers will occasionally join us to enrich the conversation.

3. Communication and Non-Violent Communication Workshops:

- **Dates:** February 26th and March 3rd
- **Location:** Second Street Community Room
- These workshops, facilitated by one of our Second Street parents, Sahar Sanai, focus on communication skills and non-violent communication. It's a great chance to learn and engage in positive conversations.

4. Mentorship with Cariboo students to continue this Friday until the 14th of March.

We hope you can join us for these events. It's a wonderful way to connect, share, and support one another as a community.

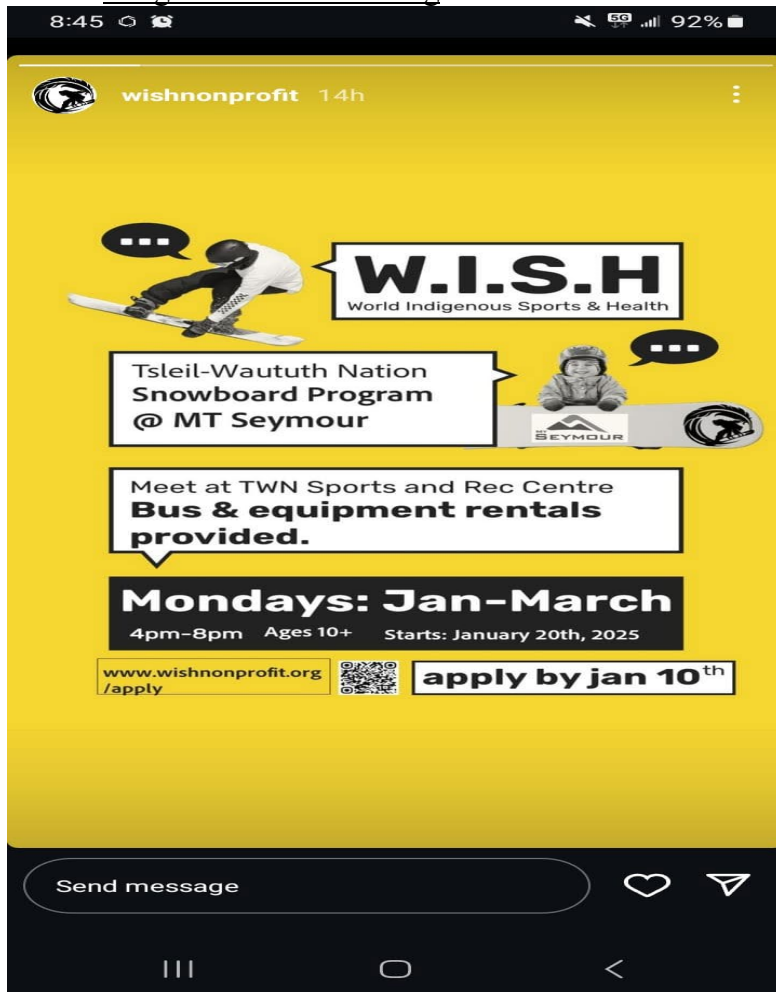
Warm regards,
Patricia Murevesi
Community School Coordinator

Things happening in the community

1. Free breaking class- North Burnaby

https://www.eventbrite.ca/e/free-dance-kids-class-breaking-tickets-1135181220589?fbclid=IwZXh0bgNhZW0BMABhZGlkAAAGEGftB7EBHW31nJyCuru4zl2sm-HOB1y987MAxb3q9eZ0vZJaOOdOZet52ZgkSkIzQ_aem_PtwY3z1fnQtsSSnt06PSpg&utm_medium=paid&utm_source=fb&utm_id=6667532767241&utm_content=6667532769041&utm_term=6667532768241&utm_campaign=6667532767241

2. Indigenous Snowboarding



3. school promo version Youth Brochu

<https://acrobat.adobe.com/link/review?uri=urn:aaid:scds:US:825152ea-fcb2-3c1d-afce-6c6d91a506c1>