Career Life Connections 11
Goals & Networking
Assignment #3

Note: If you have not already handed in Assignments #1 & #2, they are now overdue. Hand them in ASAP!

Task One: SMART goals

SMART goals are goals which are Specific, Measureable, Achievable, Relevant and Timely.

Specific:	goals are clear and concise
Measureable:	the ability to quantify your progress
Achievable:	challenging yet achievable goals
Relevant:	goals relevant to your overall life plan
Timely:	goals have a target finish time attached

Think about the goal examples shown during your latest CLC session:

Spend some time thinking about what you would like to achieve in the near future. What would you like to make happen for yourself? What are your current dreams? Think critically.

<u>Requirements:</u>

1. **Set** three (3) **SMART goals** for yourself. One or two goals should be for something you would like to accomplish during **this** or your **grade 12** school year; at least one goal should be for something you would like to accomplish during the first or first few years **after** high school.

   Type out your goals, making sure each of them has all the above elements required by a SMART goal. Note: SMART goal task #1 will form the **first part of your submitted assignment**.

2. In **myBlueprint**, **create** a **Journal** Box entitled "**Goals Core Competency**."
   Write about **how** you used **one** of the core competencies in completing the SMART goal task (min. 100 words). Ensure that you are **specific** about which SMART goals you are writing about.
   How to create the "Goals Core Competency" box
   i) Go to your Home Screen.
   ii) From the menu on the left side of the Home Screen, click on "Home," then click on "Portfolios"
   iii) Choose your Connections Portfolio
   iv) Inside the portfolio, click "+Add Box" and choose "Add Journal"
   v) Add the requested title
   vi) Complete the Core Competency Reflection in the Description Box and click "Post."

Task Two: Networks

Networking is an opportunity to connect with others to share useful information and resources. It is about building relationships and helping others.

Think about the **networks** you are currently a part of (circle of friends, family, school classes, clubs, places of faith, sports teams, etc.). Choose your top five (5) networks – these are the networks you receive the most from and/or give the most to.

Requirements:

1. **Type** out your top five (5) networks, giving each one a **title** (e.g., *Girls Senior Soccer Team*), and **including** the **names** (first names are fine) of all the people involved in each one (**you do **not** need to list more than 10 people in any one network).
2. **Using formal writing skills, type** a **reflection** (**300-500 words**) that **identifies and describes the network** which is most important to you right now and **explains** why**. Answer** the following questions clearly and using details:
    a. What is the most important network for you right now, and why?
    b. What do you gain from being a part of this network?
    c. How do you benefit others by being a part of it?

    Note: Networking tasks 1 & 2 will form the **second part of your submitted assignment**.

Task Three: Post-Secondary BC Mini-Fair Worksheet

Researching and **choosing** the right post-secondary institution for you is integral in grade 11.

Requirements:

1. **Attend** the Cariboo Hill Post-Secondary BC Mini-Fair on November 26th, 2019 and **complete** the attached worksheet **in ink**.

Assignment #3 Checklist:

The following checklist (see next page) is to help YOU ensure that you have completed all the requirements of this assignment. Once you have made sure you have completed **all** the requirements (including myBlueprint work), hand in Assignment #3 to the Career Centre on or before the due date.

Checklist:

- ☐ You **completed** your "**Goals Core Competency**" work in myBlueprint
- ☐ You **typed** out three **SMART** goals (that meet the 5 **SMART** requirements**)**
- ☐ You **typed** out 5 networks with **titles** and **names** of members
- ☐ You **typed** a reflection **describing** your most important network, **explaining why** it's the most important, and **answering** the three questions asked
- ☐ You **completed** the Post-Secondary Mini-Fair Worksheet **in ink**
- ☐ You handed your assignment in to the Career Centre by **Monday, December 9th, 2019**

STUDENT'S FIRST NAME: _____ LAST NAME: _____

Career Life Connections 11
Post-Secondary Mini-Fair

EXPECTATION: YOU ATTEND THE NOVEMBER 26TH PSBC MINI-FAIR:

PS (POST-SECONDARY) BC MINI-FAIR

Where: Cariboo Hill Secondary School (small gym) **When: 9:00 – 11: 00 a.m.**

*** Complete the following IN INK ***

AT the Fair:

Visit **four (4) different booths** and fill out the following chart. ** **You may need to pick up handouts / brochures / pamphlets** to read at home to find your answers: (**12 marks)**

INSTITUTIONS	What appeals to you about this institution?	Which program(s) interest you at this institution?	What high school courses are required for the program(s)?
1.			
2.			

INSTITUTIONS	What appeals to you about this institution?	Which program(s) interest you at this institution?	What high school courses are required for the program(s)?
3.			
4.			

AFTER the Fair:

1. What did you **learn** from the Fair that you **did not know before**? Be specific. (**3 marks)**

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2. Describe the **most interesting** booth you visited. Explain **why** it interests you. (**3 marks)**

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3. Go to the website of **TWO** of the institutions you visited to find out what the **application deadline** is for **ONE** of the programs identified on your chart. Do the same for a second institution. The program start date you are aiming for is a **September 2020** admittance. (**2 marks)**

The application deadline to attend _____
(Name of Institution)

for _____ ***is*** _____ .
(Program) (Date)

The application deadline to attend _____
(Name of Institution)

for _____ ***is*** _____ .
(Program) (Date)

Total: _____ / 20

Due Date: Monday, December 9th, 2019

Career Life Connections 11
Session #3

Goals & Networking Submission Sheet

Assignment #3 Due Date:
Monday, December 9th, 2019

✓ **Check that you have attached all requirements**

- ☐ My three SMART goals (typed) are attached.
- ☐ My five networks (typed) are attached.
- ☐ My networking (typed) reflection / responses are attached
- ☐ My completed Post-Secondary Mini-Fair worksheet is attached

Student's First and Last Names: _____

_____ _____

Student Signature **Date**