

SECOND STREET COMMUNITY OFFICE

Community School Coordinator:

Gayle Beavil — 604-836-3290
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Community Office Assistant:

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dayna.prest@burnabyschools.ca

COMMUNITY NEWSLETTER



Follow us: @SecondStSD41

@ArmstrongSD41 @CaribooSD41

Get a glimpse into our classrooms and schools and see all the great learning that is happening!

SEPTEMBER 2020

A Note from Gayle in the Community Office at Second Street



Hello and welcome back! We have missed you so much! Even though most of us are masked and the hallways are much emptier without parents and community members in the building, we are all settling into a new routine and the kids seem really happy to be back.

Things will be different this term, and maybe throughout this entire year. No one knows for sure, of course, but a few things that are different at Second Street are:

- no after school programs for kids, until at least late October. At that time the district *may* let us have a small number of specific programs, with extra safety protocols in place. STAY TUNED for that!
- no parents and community members/orgs in the building right now, due to health and safety district rules
- staggered start times and lunch/recess times, so as to limit numbers of students coming in and out at the same time, as well as learning groups' ability to stay together
- no breakfast club right now, as learning groups would mix and there are also many rules around food protocols right now (each classroom has granola bars and some other snacks in classrooms, however)

-Things that will be the same:

- we will still be loving your kids and teaching and learning together
- kids will still be engaged and enjoying schools
- we will be connecting with adults and community in virtual and print forms
- community members continue to step up and offer to help/support our school community in many, inspiring ways

Please feel free to connect with me via email, at any time. I love to hear from you. Watch for some “Rain or Shine, CommuniTEA Times”, outside, too. Bring your own coffee and snack. We can still chat and connect, right?

The quote I have up at the Community Office right now is a perfect one, I think, for this time of crisis and uncertainty. It is:

“Good people turn to love, courage and kindness in times of crisis, not hate, fear and cruelty”.

Let's all remember that. Let's all remember that we are still a community, and this is one of the many times we will pull together and support each other with even greater understanding and patience. Our kids watch and learn from us. You are doing a wonderful job of modelling these qualities. Let's keep doing it together.

Yours in Community,

Gayle Beavil

gayle.beavil@burnabyschools.ca /604 836 3290



The Rotary “Coats for Kids” Truck Is Coming to Second Street!

Registered 2nd Street School students who need a winter coat and cannot afford to buy one, please email me and I will take your child to the truck when it comes here on **October 6th**.

Please email me (gayle.beavil@burnabyschools.ca) with your child(ren)’s name, age and approximate size needed.

We will do our best to get a suitable coat for them. You can send me sizes for your preschool children, too, and I will pick a coat for them.

For Armstrong students, please contact Shannon McGee at Shannon.mcgee@burnabyschools.ca



DONATIONS for CHRISTMAS HAMPERS

We are looking for donations of cash and grocery store gift cards, for our annual Christmas hampers for families in need. We would appreciate any contributions you, or your organization could give. We support dozens of families in need in this area.

For more information, or to arrange to donate, please contact Gayle Beavil at gayle.beavil@burnabyschools.ca or 604 836 3290

Community Spirit through SEWING!

A local seamstress has made and donated 150 BEAUTIFUL reusable cloth masks to our school! Jatinder Grewal’s company is Stitch Well (7671 6th Street, Burnaby) and she lovingly made these masks for our students.

We want to thank Ms. Grewal for her kindness and generosity. She wants us to know that she has more, should any student still want one and not have one.

Please give her a call 778-397-2062 or stop by.

Thank you to

Katrina Chen, MLA's office
who donated 60 masks to our
school. We thank her so very
much for thinking of us and
our safety.



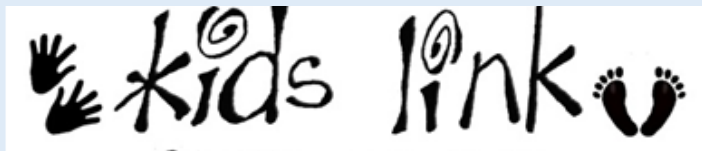
Eastside Opportunities Society

7502 2nd Street, Burnaby BC, V3N 3R5

Eastside Opportunities Society

Eastside Opportunities Society provides multiple programs/services in the Community. For more information:

- * Email eos.kidslink@gmail.com
- * Check us out on Facebook, "Eastside Opportunities Society"

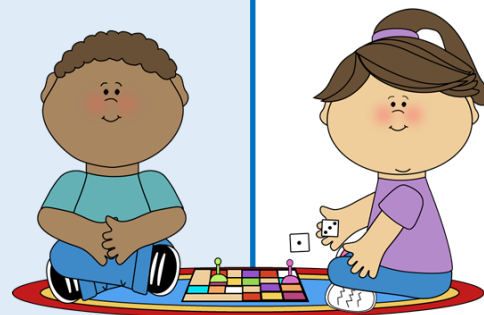


****For 2nd Street Community School Students****

Have you been looking for childcare?
Look no further, we are a licensed, **affordable**
childcare centre for children Ages 5—12

Spaces are available...book now!

Things we do at Kid's Link: crafts, bake, gym play,
games, outside play, help with homework, computer
time, reading time and more!





EARLY CHILDHOOD COMMUNITY CONSULTANT

A Specialized Family Supports Resource Newsletter from FSGV

Make sure to check out **Burnaby Family Life's fall family schedule** link below – they are continuing outdoor family sessions in Confederation Park (Thursdays 1-2:30) and Central Park (Fridays 1-2:30) and have added indoor Playful Learning for Families at Edmonds Resource Centre (Tuesdays 3:30 – 5:30 and Wednesdays 9:30 – 11:30). [Click here to pre-register](#) for your session as numbers are limited to help keep families safe.

Pacific Immigrant Resource Society is offering a **free certification** program for newcomer women with an intermediate level of English who are **interested in working in the early learning field**. This free online course certifies responsible adult, food safe and first aid! Check out the attached flyer or register at programs@pirs.bc.ca

BFL Fall 2020 - Calendar

FAMILY AND PARENTING PROGRAMS ARE BACK FOR FALL

Our popular programs are now open for registration and all, except one, are **FREE**.

Sessions have been adapted to follow the Provincial safety guidelines for COVID-19. Our goal is to help keep everyone safe while giving us the opportunity to stay connected and offering you support. Most of our sessions are online and a few will be held in small groups indoors and outdoors (...while we still enjoy some good weather!).

For the indoor sessions, masks are **mandatory** for all adults and we will practice safe distancing, frequent hand washing and hand sanitizing.



SEPTEMBER 2020 | In this issue:

1. Popular Family and Parenting Programs are back
2. Head Start Program: Register today!
3. Montecito Child Care Centre is open
4. Province of BC's Back to School Plan

Photo: Central Park, [City of Burnaby](#)

PARENTING PROGRAMS

FALL 2020 | BECOMING A CONFIDENT PARENT

- Nobody's Perfect (online)
- Systematic Training for Effective Parenting (STEP) (online)
- Parenting for Immigrants (online)
- Anger Management for Men (online, \$65--already full, waiting list option)
- Healthy Habits for Families (online)
- Immigrant Women Support Group (small group)

[Details and pre-registration for parenting programs](#)

FAMILY PROGRAMS

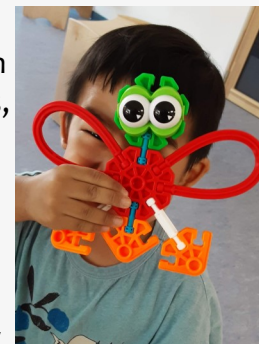
FALL 2020 | FOSTERING HEALTHY FAMILY LIFE

- Circle Time (online)
- Mother Goose (online)
- Learning Together Through Play
(online and small group--indoors and outdoors)
- LTTP for Korean-speaking Families (online)
- LTTP: Playful Learning for Families (small group, in person)
- LTTP: Healthy Families, Healthy Minds (online)
- Baby & Me (Second Stage) (online)
- LTTP: Creative Play for Families (online)

[Details and pre-registration for Family Programs](#)

HEAD START PROGRAM AT MCKERCHER

"Head Start" is a pre-Kindergarten program for children aged 30 months to 5 years old. Children are playfully engaged to develop pre-math skills, pre-literacy skills, science and art, through exploration and fun. The program is delivered by qualified Early Childhood Educators and McKercher is a licensed facility.



The small groups (eight children or less) comply with the Provincial COVID-19 safety guidelines.

Registration is monthly and paid before the first day of the month. Hours are 9 am to 12 pm or 12:30 to 3:30 p.m. You choose the days that work best for you:

2 days/week for \$190/month

3 days/week for \$245/month

Location: McKercher Centre, 6140 McKercher Avenue, Burnaby

[Email a registration request](#)

Second Street Community School Bottle Fundraiser

You can still help Second Street!

Last year we had a bottle drive fundraiser scheduled, but because of snow, and then COVID, the event didn't happen.

You can, however, still take your bottles to the Return-It Express Depots!

So far, we have already raised \$539.00! This money will go to various supports and materials for our students.



Option #1—Drop the refundables off at Certain Return-It Depots (under school account)

1.) Put refundables into a clear plastic bag. You don't need to count or sort.

2.) Drop off at one of 3 locations:

A. Lougheed Return it Depot – 1045A Lougheed Hwy. Coquitlam (near Ikea)

B. Lee's Bottle Depot- 7385 Buller Avenue, Burnaby

C. Sapperton Return It Express Drop – 79 Braid Street, New Westminster

3.) Enter the school phone# 604-296-9029 to get the labels for your bags

Let's Connect!

All parents and community members are welcome to attend this online time to connect:

"CommuniTEA TIME ONLINE"

Thursday, Oct. 8th – 9:30 – 10:30 on Zoom!

Special Guest speakers:

Jen Tan, school counsellor at Second Street Community School

Shannon McGee, school counsellor at Ecole Armstrong Elementary

TOPIC: Stress and our Children

Please join Community School Coordinator, Gayle Beavil, and our special guests, while we listen, learn, and support each other.

Jen and Shannon will help us understand the science behind stress and introduce us to practical strategies which can help us recognize and reduce stress in our children.

How to join the call:

At time of the meeting (9:30 am on Thursday, Oct. 8), click on the link below, or copy and paste it in your browser.

OR

Go to zoom.us and click on join meeting. The Meeting ID is below.:



Gayle Beavil is inviting you to a scheduled Zoom meeting.

Topic: Gayle Beavil's "Online CommuniTEA Time"

Time: Oct 8, 2020 09:30 AM Pacific Time (US and Canada)

Join Zoom Meeting:

<https://ca01web.zoom.us/j/68494505702>

Meeting ID: 684 9450 5702

One tap mobile

+15873281099,,68494505702# Canada

+16132093054,,68494505702# Canada

Join us, for coffee, conversation and community connections.

"Good people turn to love, courage and kindness in times of crisis, not hate, fear and cruelty."

Laurence Overmire

A NOTE – and GREAT RESOURCE -- from the Armstrong and Second Street School Counsellors

Hi Armstrong and Second Street Families!

Welcome back to September - and what a strange September it is! We have some families who are doing online or home-schooling, some who are gradually transitioning back to school in December, and others who are attending full-time. It has been such a joy to see students back in schools, and we miss those who are learning from home. A big thanks goes out to parents for being flexible in navigating this new reality, and huge thanks to our hard-working staff team who have engaged in every creative solution possible to ensure kids are being supported in safe learning spaces! We *will* get through this, and we will do it together!

Every family has made a choice that's best for their child's education, and we found a wonderful visual resource to help both parents and students alike! This awesome back-to-school care package can be found on the Big Life Journal blog at the following link, and it's free to print:

[Back To School Care Package](#)

We hope you find it helpful. Please know that we are here to support you – and don't forget to take good care of yourself!

Sincerely,

Jen Tan (School Counsellor), Shannon McGee (School Counsellor), and Gayle Beavil (Community School Coordinator)



information
children

Parenting in the Middle Years (using Zoom)

**Tuesdays 1-2:30,
Sept 29- Nov 3, 2020**

'Parenting in the Middle Years' is a supportive and educational series for parents of children ages 6 to 12 years.

Topics covered include:
understanding middle childhood development, encouraging social-emotional competency, responding to school and family life challenges – bullying, covid concerns, anxiety, fostering positive peer relationships, understanding temperament, and strategies for effective positive discipline and guidance in the middle years will be covered.

Parenting styles and coping with the stresses and strains of parenting during a pandemic will also be included.

The goal of this series is to provide parents with a forum to learn, to share and to discuss information and strategies to enrich their parenting experience and foster the parent-child relationship.

**PRE-REGISTRATION REQUIRED.
SPACE LIMITED.**

Contact by phone:

778 -782-3548 or email to:
info@informationchildren.com

INFORMATION CHILDREN

The Canadian Society for Information Children is a registered charity and non profit agency that strives to empower parents and strengthen families by providing information, guidance and support to parents, care-givers and professionals seeking assistance with parenting and family-life challenges. To this end Information Children facilitates workshop series on various topics as well as parenting support groups and operates a helpline, provides e-support, individual parent coaching and distributes pamphlets on child development and parenting topics.

All our services are available at
NO CHARGE for parents

CONNECT

HELPLINE:
778 782 3548



info@informationchildren.com



www.informationchildren.com



[facebook.com/
InformationChildren](https://facebook.com/InformationChildren)

WORKSHOPS AND PARENT GROUPS – FALL 2020

PARENT COACHING

Walk and Talk in the Park

One to one Parent coaching while enjoying the fresh air and getting some exercise. Book your session by phone or email.

Online through Zoom

Book your session by phone or email.

Phone appointment

Call our helpline or book an appointment for a one on one parent coaching session.

Throughout Fall and weather permitting for Walk and Talk in the Park

NEW PARENTS GROUP – THE FIRST MONTHS

Online

Support group for new parents – recommended for parents with babies ages 0-6 months. Preregistration required.

Tuesday September 22 – October 27 – weekly from 10:30am-12:00

PARENTING THE MIDDLE YEARS

Online

Supportive and educational parenting series for parents with children 6- 12 years. Topics covered include socio-emotional development, temperament, parenting styles, stressors of parenting in a pandemic Preregistration required.

Tuesday September 29 – November 3 – weekly from 1:00pm-2:30pm

CIRCLE OF SECURITY

Evidence based parenting series based on attachment theory.

Online (in collaboration with Parent Support Services BC)

Tuesday October 6 – November 12 – weekly from 10:00am-11:45am Preregistration/questions
daniela.alvarado-torres@parentsupportbc.ca or call 669-1616 ext 106

In collaboration with East Side Family Place

Friday October 23 – December 11 – weekly from 1:00-3:00pm
Preregistration/questions Gaye Ferguson @ East Side Family Place.
Call: 604-255-9841



The **Burnaby Public Library** is awarding the **Summer Reading Club**

medals! If you know of any children ages 0-14 who read or were read to this summer, pop by the library to receive a Summer Reading Club medal! (While quantities last) This year, no registration is necessary – **simply walk into the library and let us know you're a reader!** In lieu of our annual Summer Reading Club medal ceremony, we made [this video](#) to celebrate every little reader in Burnaby.



SFU Childcare Society

Leading excellence in Early Care and Learning
in a sustainable way.

Opening in November 2020, SFU Childcare Society is pleased to announce that waitlist applications are now being accepted for our new childcare site, 'SFUCCS-Sapperton Learning Lab'.

Based at **7650 Sapperton Avenue, Burnaby**, SFUCCS will be offering 103 new childcare spaces, which includes 25, 3-5 yr old and 24, Infant/Toddler spaces. In addition, 54 before and after school spaces will be available to support the local Elementary School Hub, which includes Armstrong, Second Street and Seaforth Elementary Schools.

Those wishing to apply for Sapperton Ave-Learning Lab please find the waitlist application, and further enrolment contact information, on our website at: <http://www.sfu.ca/childcare/enrollment.html>.



After almost six months of closure, **East Burnaby Family Place** is pleased to announce that they are **open!** Join them Tuesday/Wednesday/Friday from 10am-1pm (Covid protocols in place) for a morning of play and exploration. Check out their [Facebook page](#) for more information.

Second Street School—Dates to Remember

September 28	Pro-D Day (No School)
September 30.....	Orange Shirt Day
October 2.....	Terry Fox Run
October 12	Thanksgiving (No School)
October 23	Pro-D Day (No school)