École Cariboo Hill Secondary School PAC Meeting Minutes 6 December 2021 (Online)

Present:

Sherman Woo (Vice-Chairperson), Doug Brown, Ronda Field, Cindy Grewal Blaison, Carla Cernelli, Hetty Alcuitas, Katrina Craig, Melisa Chow, Rachelle Tambeau, Jane Zhang, Lisa Young, Tasnim Vegdani, Howard Lau, Andy Chin (Principal)

1. Welcome and introductions

The Chair welcomed everybody and introduced themselves to the group.

2. Approval of agenda

Motion to approve the agenda made by Rachelle Tambeau and seconded by Katrina Craig. Carried.

3. Approval of November minutes

Motion to approve the minutes of the meeting of November 1, 2021 made by Ronda Field and seconded by Sherman Woo. *Carried.*

4. Student Reports – no reports

5. Presentation

Conversations with your kids about substances – Jessica Gill (Substance Use Prevention and Health Promotion Worker)

This will be presented again on February 9, 2022 (about 90 minutes).

Jessica works in both the high schools and elementary schools. In elementary, the discussions start with risk taking (What time is it Mr. Wolf?).

Jessica is available at Cariboo Hill on Tuesdays and is able to provide Naloxone training.

Contact info:

Jessica.gill@burnabyschools.ca

Jessica mentioned that you could watch an informative video on You Tube: https://www.youtube.com/watch?v=EcV58kiIAY4

6. Principal's report - Andy Chin

• Provincials Assessments complete for November - Literacy and Numeracy 10 & Literacy 12 Anyone who missed it can make it up in January 2022

• Mid- Term Report Cards are posted on MyEd

- Electronic Permission Forms Due ASAP, only 40% filled out so far
- Mental Health Awareness committee that does a presentation once per month for the whole school, this month's topic was BIPOC and Mental Health

Survey Results – Semester System

Parent Survey Results

Worked well: Less classes to manage Stress is less Knowing the classes everyday

Not working well: Wed/Thurs not working – too long Less time for homework – due the next day Balance of classes throughout the year – 1 semester easy/hard Potentially a year between courses depending on availability

Student Survey Results

Worked well: Less stressful with 4 classes vs 8 classes Get to know classmates better seeing them everyday

Didn't work well: Heavy workload seeing teacher everyday Material is taught too fast, no time to sink in When sick for a couple of days it is hard to catch up Wed/Thurs schedule is horrible

• Holiday Extravaganza Event – Dec. 17

7. DPAC report: Lisa Young

Discussed possible mental health topics

8. Dry Grad Parent Update: Ronda Field

Fundraisers are complete – made just under \$900 Hetty will be taking a group of students to Science World Return-It fundraiser still on – just put in # into the label maker, put onto your bag and leave it there Bottle/Clothing Drive – extremely volunteer heavy so we need a lot of parents to help! Letter will go out to community businesses for donations Looking for Dry Grad night parents to chaperone

9. Treasurer's report - Doug Brown

Current balances: \$1,095.00 General Account \$20,789.61 Gaming Account

10. Report from Vice-Chair/Chair – no report

11. Gaming Funds Requests for School Year 2021-22

Motion to approve the proposed one-time requests that were not included previously: Disc Golf club (\$350), Gaming Club (\$2,500), Photography Club (\$400), Weight Training Club (\$600) - moved by Cindy Blaison, seconded by Ronda Field. *Carried*.

12. Adjournment

Meeting adjourned at 8:45 pm.