

# **SECOND ST. COMMUNITY SCHOOL NEWSLETTER**

**For the Family of Schools:**

**Second Street, Ecole Armstrong, Ecole Cariboo Hill**

**March 2023**

**SECOND STREET COMMUNITY  
OFFICE**

**Community School Coordinator:**

Gayle Beavil — 604-836-3290

[gayle.beavil@burnabyschools.ca](mailto:gayle.beavil@burnabyschools.ca)

**Community Office Secretary:**

Dayna Prest — 604-296-9029

[dayna.prest@burnabyschools.ca](mailto:dayna.prest@burnabyschools.ca)

## **A Note from the Community Office:**

In the Community Newsletter each month, we will be including some information about why parental and family engagement is so important to a student's success.

Decades of research supports the assertion that families who are supported by the school to understand the learning goals of the students', can better help support their children's learning at school. Schools that provide this support and are working towards building strong relationships with the families, benefit as the staff and teachers gain new and important information about the students and the families and communities in which they belong. These involved parents feel supported and honoured and they then become advocates of the school and staff. With this greater understanding, the staff and school, can better support these students and families, as they understand more fully who the whole child is, which includes their family, their culture, and the assets they bring.

Schools that welcome and encourage community and family involvement are better able to serve their students. In community-minded schools, and in community schools, there is shared governance: the voices of parents and community members -- and students -- are welcome and integrated.

Everyone benefits: the students, the staff and the community, itself.

Together Strong,  
Gayle Beavil *Community School Coordinator*



## **Parental Engagement -- What's the Big Deal? It Matters!**

### ***Family Engagement = Student Success***

#### ***Children with families engaged in their education are more likely to:***

- Earn higher grades and test scores[1]
- Graduate from high school and attend post-secondary education[2]
- Develop self-confidence and motivation in the classroom[3]
- Have better social skills and classroom behavior
- Have better attendance

#### ***They are also less likely to:***

- Suffer from low self-esteem
- Require redirection in the classroom[4]
- Develop behavioral issue

Second Street's Community and Parent Advisory Council is having a Me-n-Ed's pizza night fundraiser. **On Thursday, April 20<sup>th</sup>**, mention Second Street school when you order and Me-n-Ed's will donate **20% of sales back to the school!** This location only.



## **PIZZA NIGHT FUNDRAISER!**

Mention Second Street School  
when you order for take-out,  
dine-in, or delivery  
on Thursday, April 20th

**Me-n-Ed's will donate 20% of the sales back to the school!**



**Burnaby 604-521-8881**

### **Burnaby Neighbourhood House is having an INCOME TAX CLINIC 2023.**

This is a clinic run by volunteers. It is free of charge, but you must be a member of the BNH. To be eligible you must have:

- An income of \$40,000 or less per year
- Single parent with an income of \$45,000 or less
- A couple with an income of \$55,000 or less
- Be a member of BNH and a Burnaby resident



Visit their website for more information: <https://burnabynh.ca/volunteer-income-tax-program/>

## **Preschool at Second Street**

**9 sessions offered Tuesdays or Thursdays. See information below.**



## **PLAY TO LEARN PRESCHOOL AT SECOND STREET**

**3-5 years**

Play activities help children develop physical, intellectual, social and emotional skills. This fun learning environment includes a variety of recreational and educational play using art, music, science, play stations, group activities and routines. Children must be able to use the toilet independently.

**Tuesdays, \$124.20, 9 sessions**

Second Street Community School; Portable  
April 11 - June 6, 9:30am-11:30am  
Barcode: 692557

**Register early!** [Burnaby.ca/webreg](http://Burnaby.ca/webreg)

Call 604-297-4838 or visit any Burnaby recreation centre

Registration starts 10am Monday March 6th for Burnaby residents and  
10am Friday March 10 for non-Burnaby residents

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For more information please contact: Brett Boland  
Program Coordinator | Southeast Community Programs  
604-297-4831 | [brett.boland@burnaby.ca](mailto:brett.boland@burnaby.ca)





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# SATURDAY, APRIL 1 BOTTLE DRIVE

## We want your Refundable Containers!

Bag your refundable containers (water, soda, milk, juice, etc.), drop them off in the undercover area at Second Street Community School (17th Avenue & 1st Street) before 11am and we'll take them to the depot.

**All funds raised go back to the student experience – field trips, music program and classroom activities.**

If you can't make drop off on April 1, contact us (text: 778 229 4703) and we'll arrange another time for pick up/drop off.

**DIY: bag refundables  
in clear or blue bags  
and drop off at one of  
these recycle  
depots: Lee's Bottle  
Depot @ 7385 Buller  
Ave., Burnaby**

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**Metrotown Return it  
Depot @ 4760  
Imperial St., Burnaby**

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**North Road Return It  
Depot @ 435 North  
Road, Coquitlam**

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**Sapperton Return It  
Depot @ Unit 2179  
Braid St., New West**

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**USE THE SCHOOL'S PHONE  
NUMBER TO CONNECT  
YOUR DROP TO US:**

**604-296-9029**



## FAMILY SERVICES of Greater Vancouver

- **Information Children** invites you to a wonderful workshop addressing children's **Stress, Worry and Fears** on March 8<sup>th</sup>. This free two-hour online workshop will **explore what stress can look like in young children and how to support them**. For more information and registration [click here](#), call 778-782-3548 or email [info@informationchildren.com](mailto:info@informationchildren.com)
- **Dads, this one is for you!** Cameray Child and Family Services is offering **Circle of Security** for dads starting March 6<sup>th</sup>. This 8-week program is **free, online** and starts after the kids are in bed. Learn about the parent-child relationship, how to strengthen and support it. **Check out the attached poster** for more information and registration.
- **Burnaby Family Life** hosts a **Support & Peer Group for Parents of 2SLGBTQIA+ Children/Youth**. Join facilitator, Meghan Spencer, every 1<sup>st</sup> and 3<sup>rd</sup> Thursday of the month to discuss topics related to parenting, resources and supports. For more information, check out the attached poster, call 604-659-2200 or visit [www.burnabyfamilylife.org](http://www.burnabyfamilylife.org)



**BURNABY  
FAMILY LIFE**  
A PLACE TO GO... A PLACE TO GROW!

## Support & Peer Group for Parents of 2SLGBTQIA+ Children/Youth


Looking for a safe space to discuss parenting?

Burnaby Family Life invites you to engage in meaningful dialogue as a parent of a 2SLGBTQIA+ child/youth as you are guided by a facilitator to build weekly discussion topics related to parenting, and available resources and supports. Join us and create a community in which you can explore your parenting journey.

**When:** Every first and third Thursday of the month, 6:00 to 8:00 p.m.  
**Where:** 6140 McKercher Avenue, Burnaby V5H 0E5

If you would like to be a part of this group please email your name and phone number to **Meaghan Spencer at [mbspencersbfli.ca](mailto:mbspencersbfli.ca)**

Free childcare available for children 18 months to 10 years with pre-registration for in-person sessions. Snacks and bus tickets are also available.



Meaghan Spencer (she/her/hers), Support Group Facilitator - Meaghan identifies as a lesbian and is a mother, partner and professional committed to supporting parents of 2SLGBTQIA+ children/youth, in their journey to raise healthy, happy and confident children. She brings expertise & knowledge from her professional work and lived experience. She is also a board member for New West Pride Society.

Please share this information and help reach more parents who could benefit from the support group. Thank you!

For more information please visit [www.burnabyfamilylife.org](http://www.burnabyfamilylife.org) or call 604-659-2200

## CIRCLE OF SECURITY™ PARENTING PROGRAM FOR DADS



**Cameray**  
Child & Family Services

Join us for this FREE internationally recognized 8-week program based on decades of research about how secure parent-child relationships can be supported and strengthened. You will be able to make sense of what your child needs and get the tools that will help you to support and respond to your child, creating a long-lasting healthy relationship and the sense of security that your child needs to thrive in life.

**When:** March 6 - April 24, 2023  
(no group April 10th)  
Monday Evenings from  
8:00pm-9:30pm

**Where:** Online via Zoom

**Who:** Fathers with Children 0-8 years

**How to Register:** email us at [pspgroupsignup@cameray.ca](mailto:pspgroupsignup@cameray.ca) or call us at 604-436-9449

**WWW.CAMERAY.CA**







information  
children

**Check out these 3 programs Information Children is offering.**

## Parent Coaching



information  
children

WITH SALLY OR RAHANI

Our free Parent Coaching Program is open to families with children 0-12 years old. We provide attachment-focussed and evidence-based parenting support.

During a session, we can

- Explore your parenting challenges
- Brainstorm strategies
- Provide resources

### Reasons that parents might request 1:1 support

- Sleep, naps, bedtime
- Mealtimes, introducing solids
- Behaviour, tantrums
- Setting limits & boundaries
- Parent mental health & emotions
- Coping with separation & divorce



BOOK A SESSION



778.782.3548

info@informationchildren.com  
www.informationchildren.com



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## Online Storytime

Join us on Zoom for a 30-minute Storytime filled with songs, puppets, felt-stories & easy art activities!

March 2023

Tuesdays & Thursdays

5:30-6pm

Sign up

778.782.3548

info@informationchildren.com

www.informationchildren.com



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## Stress, Worry & Fear

Today's world is stressful! How do we help our children feel safe, support their emotional well-being, and help them develop resilience in the face of challenges? Join us as we explore what stress can look like in young children, understand how we can help our children feel safe to feel their feelings and try some practical calming and mindfulness strategies we can incorporate into our daily lives.

March 8, 2023

Tuesday

10am-12pm

via Zoom

Sign up

778.782.3548

info@informationchildren.com

www.informationchildren.com







Looking for INTRO figure skaters enrolled in Star Skate Academy/Enrichment Academy/Jr Academy/ Future Stars as well as skaters already in Junior, Bronze, Beginner Star Skate, or Star Skate Development programs

## ***CASCADIA SYNCHRO IS GROWING!***

*Come try Synchronized Skating for FREE at our upcoming Open Houses*

APRIL 2ND - 4:45PM - 5:45PM INTRO SKATERS

6:00PM - 7:00PM ADVANCED SKATERS

APRIL 16TH - 4:45PM - 5:45PM INTRO SKATERS

6:00PM - 7:00PM ADVANCED SKATERS



**LOCATION - Scotia Barn (Rink 8)**

**For questions and registration email [gvsscinfo@gmail.com](mailto:gvsscinfo@gmail.com)**

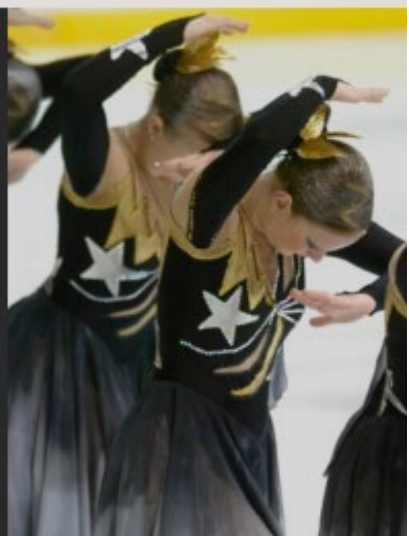


### **Compliment your figure skating lessons:**

- Become a better performer.
- Develop your skating skills.
- Gain teamwork and leadership skills.

**Have fun by skating  
WITH your friends**

We are also looking for ADVANCED figure skaters enrolled in Intermediate and Senior Sessions!





**Byrne Creek Community School is hosting a First Aid Course Thursday, May 4<sup>th</sup>, 8:30am – 4:30pm. See flyer below for more details.**

## **First Aid Course**

**When:** Thursday, May 4, 2023

**Where:** Byrne Creek Community School

7777 18th Street, Burnaby

**Fee:** \$40

To register, please contact Evette Denum at [evette.denum@burnabyschools.ca](mailto:evette.denum@burnabyschools.ca) or 604-296-6885 ext. 608022

**Registration Deadline:** April 6, 2023



## **Course Information**

The WorkSafe BC Occupational First Aid Level 1 course is an 8-hour program, designed to provide lifesaving first aid skills to individuals in the workplace. Students must be at least 16 years of age and be physically capable of performing the skills in this program. Successful candidates must demonstrate skill competency in practical skills and achieve 70% or higher on the written exam. Certification is valid for three years.

## **What the Participants will Learn:**

- **Assessment of the Scene & Patient(s)** –using the Priority Action Approach
- **Primary Survey** –assessment of both Conscious & Unconscious Patient(s)
- **Interventions for Possible Head and/or Neck Trauma** –using Cervical Spine Control
- **Airway & Breathing Interventions** –to assist with Choking & Respiratory Distress
- **Hemorrhage Control** –techniques to Control Major Bleeding
- **Cardio Pulmonary Resuscitation** –&useof an Automated External Defibrillator (AED)
- **Minor Injury Management** –treatment for Small Wounds, Burns, & Eye Injuries
- **Management of Soft Tissue Injuries** –including Sprains,andRepetitive Strain Injuries
- **Recognition of Shock** –treatment of Patients experiencing symptoms of Shock
- **Awareness of Common Medical Conditions** (i.e.: Asthma) and how to assist
- **Duties of a First Aid Attendant** –including Workplace environment &reporting a First Aid Record